



**EDMOND OTIS & ASSOCIATES NZ**  
1242 UNIVERSITY AVE., SUITE 6-570, RIVERSIDE, CA 92507

**Resilience and Stress Management for Public Service Employees**

Presenter: **Edmond Otis**

Location: Fullerton Public Library

Date: Feb. 5, 2019

All completed forms will be reviewed by the host organization and sent on to the presenter.

**A: CIRCLE THE APPROPRIATE NUMBER BENEATH EACH QUESTION:**

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(1 = POOR 7 = EXCELLENT) 1 2 3 4 5 6 **7**
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**B: PLEASE WRITE CLEARLY AND CONCISELY.**

**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Edmond presents material in an interesting & engaging manner that holds the attention. The "effective organizations" box, irregular reinforcements, front load stress & rear load stress as well as GPS thinking are all pieces of information I'll make

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

*Part of my life & way of thinking.*

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

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**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

We learned about what stress is and what  
causes it. Also different exercises to help  
manage the stress we have

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

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\_\_\_\_\_  
\_\_\_\_\_



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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Great speaker and great at being  
specific, which is good cause I can be  
slow. As someone who struggles with anxiety, I  
found today incredibly useful.

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

Not sure



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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

He is very pleasant, funny &  
interesting, & knowledgable

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

security within the library







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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

The material was easy to understand and interpret, and the presenter was very interactive and encouraging

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

I would be interested to learn more about positive stress and how to maintain it.





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**B: PLEASE WRITE CLEARLY AND CONCISELY.**

**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Useful and practical strategies for  
resilience! Interesting and entertaining  
presentation.

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

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\_\_\_\_\_  
\_\_\_\_\_

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**Resilience and Stress Management for Public Service Employees**

Presenter: **Edmond Otis**

Location: Fullerton Public Library

Date: 02/05/2019

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

He definitely knows what he is talking  
about and made it enjoyable. *J*

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

I feel like to do lists are great and  
should be used to manage stress

**Resilience and Stress Management for Public Service Employees**

Presenter: **Edmond Otis**

Location: *Jullietta Public Library*

Date: *Feb. 9, 2019*

All completed forms will be reviewed by the host organization and sent on to the presenter.

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

*Clear - but blending stress*  
\_\_\_\_\_  
\_\_\_\_\_

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

*specific problems & solutions*  
\_\_\_\_\_  
\_\_\_\_\_

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**Resilience and Stress Management for Public Service Employees**

Presenter: **Edmond Otis**

Location: Fullerton Public Library

Date: Feb. 5, 2014

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Very good, just great, best ever  
\_\_\_\_\_  
\_\_\_\_\_

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

interactions with others  
presenting new ideas to others  
changing things for the better  
doing the most good for the most

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1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.  
began by insulting librarians, calling us inflexible, which is untrue & rude, leading to devaluing any provided information  
many things were obvious to the point of boring  
began with extensive monologing, but improved engagement as he went on  
implied automation reduces work, when it actually shifts it
2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?  
organizational changes that could be stress-reducing

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Presenter was very engaging. He convinced  
us to interact and act out certain concepts  
with ease. He also made a lot of info easy  
to understand. Very well done

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

Not a clue.  
\_\_\_\_\_  
\_\_\_\_\_

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Edmund's demeanor is perfect for  
the tone, and material presented

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

Actual situations w/ problem  
customers/patrons in team w/ the great  
info provided by Edmund.

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

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**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Well spoken, organized - good at inserting anecdotal examples.

**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

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**1. BRIEFLY EVALUATE THE WORKSHOP PRESENTER AND MATERIAL.**

Mr Otis was great all around!!!

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**2. WHAT RELATED TOPICS COULD BE ADDED TO FUTURE PRESENTATIONS?**

Nothing I could think to change or add. The presentation is awesome

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